

Fax to: (603) 7958 1710 or Email: event@nomadadventure.com

Registration #:

Event date – 15th Nov 2009 (Sun)
 Start / Finish: Earth Camp, Gopeng, Perak

Nomad Adventure Sdn Bhd.
 525, Jalan 17/13,
 46400 Petaling Jaya, Selangor.
 Tel No: 603 - 7958 5152
www.nomadadventure.com

Early Bird Discount: by 16th Oct 2009 (Fee – RM40)

Normal Entry: 17th Oct onwards (Fee – RM50)

CATEGORY	<input type="checkbox"/> Men 18-40years <input type="checkbox"/> Men Veteran 41yrs & above <input type="checkbox"/> Women 18yrs & above		
Name (as per IC/Passport)			
Date of Birth:		IC / Passport Number:	
Sex:	<input type="checkbox"/> Female <input type="checkbox"/> Male		
Telephone Number:	(H/P)		
E-mail Address:			
Nationality:			
T-shirt size:	<input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> X-Large		
Accommodation:	<input type="checkbox"/> Yes, I would like to find out more about accommodation options		

What is GPS all about?

Pick & Mix your Ride!

With up to 80km of riding trails available, participants get to choose from a variety of routes. Bike course is designed to provide plenty of riding routes, suitable for both newbies and hardcore technical riders.

The event aims to:-

- provide a safe, fun & exciting event for the mountain bike community
- introduce participants to the local & hidden gems around Gopeng
 - o natural highlights
 - o historic sites / buildings
 - o local producers eg farmers, fisheries, eateries etc
 - o orang asli settlements

Event Schedule 15th Nov (Sun)

07:30	Registration begins. Distribution of course map
08:30	Event briefing
09:00	Event begins
14:00	Event Cut-off
14:30	Afternoon tea is served
15:00	Announcement of results. Lucky draw
16:00	Event ends. G'day!

Payment of event fees

Bank	CIMB Bank Bhd, SEA Park branch
A/C Name	Nomad Adventure Sdn Bhd
A/C No	1225 0003207 055

All participants will receive event t-shirt, afternoon tea and goodie bag. PLUS opportunity to win more goodies during Lucky Draw!

For more information, please contact Wye Yim at 03-7958 5152 or event@nomadadventure.com

How does GPS work?

Each participant will be issued a race passport and a map for orienteering. The challenge is to visit as many checkpoints possible within the 5 hour period. Points for each checkpoint will vary depending on the difficulty level involved in reaching it. Penalties will also be issued for lateness after cut-off time.

Participants who returned within the time limit and achieved the minimum score will be eligible for the event lucky draw, courtesy of our event sponsors.

Mandatory Equipment: Road-worthy Mountain Bike, Bike Helmet, Basic First Aid Kit & Handphone

Recommended Kit: Bike Tool Kit, Bike Pump, Spare Tyre Tube, Hydration Kit, Compass, Energy food, Waterproof bags

Nomad Adventure's events are designed to provide an experience where each participant finds a level of challenge that enables them to push personal boundaries. We strongly adhere to the principal of "Challenge by Choice". While every reasonable care has been taken to ensure events are run to high safety standards, individuals may react differently – and perhaps unpredictably – to different situations. Please assist us by filling in the following information.

PARTICIPANT'S REGISTRATION AND ACKNOWLEDGEMENT OF RISK

Name:	Gender:	Age:	DOB:	Tel:
Address:			NRIC/Passport:	
Email:		Occupation:		

Please answer all of the following questions:

1. Have you been told by a physician / doctor or are you aware of any medical conditions (such as heart disease, high blood pressure, diabetes, asthma, pregnancy or others) that could be aggravated by physical activity etc?

Yes ___ No ___ If yes, please indicate _____

2. Have you been told by a physician / doctor or are you aware of any neck, back, shoulder, wrist, hip, ankle, knee or any other muscular or skeletal problem that may be aggravated by physical activity? If yes, are you using any orthopaedic device for this illness?

Yes ___ No ___ If yes, please indicate _____

3. Have you been diagnosed of any other medical conditions, physical or mental, which you think we should be told about before the activities begin? Are you undergoing any psychological treatment or counselling (eg. For autism, ADHD, depression, etc)?

Yes ___ No ___ If yes, please indicate _____

4. Do you have sensory difficulties, such as poor eyesight or impaired hearing of any sort?

Yes ___ No ___ If yes, please indicate _____

5. Do you have any allergies?

Yes ___ No ___ if yes, please indicate _____

6. Are you under medication at present?

Yes ___ No ___ If yes, please indicate _____

7. Emergency Contact: Name: _____ Tel: _____

Relationship: _____

1. Although Nomad Adventure Sdn Bhd has taken reasonable steps to provide participants with appropriate equipment and skilled staff, I accept and acknowledge that there are risks, hazards and dangers associated with all outdoor activities. I understand Nomad Adventure does not want to frighten me or reduce my enthusiasm for these activities, but believes it is important for me to understand that some risks are inherent in these activities and cannot be eliminated or reduced. These inherent and other risks, hazards and dangers can cause injury, property damage, illness, mental or emotional trauma, disability or death.

2. Except where provided or required by law and as such cannot be excluded, in consideration of and as a condition of my acceptance of my entry in the Event, I agree to release, indemnify and hold harmless Nomad Adventure Sdn Bhd, its officers, employees, agents, volunteers, contractors, public bodies, landholders and sponsors, from and against any and all claims, demands, right or cause of action, suits, expenses, costs and proceedings of any nature whatsoever which may be made by me or on my behalf or by other parties for or in respect of or arising out of any injury, loss, damage or death caused to me or my property as a result of my entry or participation in the program or activity, whether breach of contract or in any way whatsoever.

3. I also agree that in the event I am injured or my property is damaged I will bring no claim, legal or otherwise, against Nomad Adventure Sdn Bhd in respect to that injury or damage.

4. I agree to Nomad Adventure entering my personal details into a database which will be used for the administration of the Event and which may be used for future marketing and promotion of Nomad Adventure programs.

5. I have carefully read and understood this document. I acknowledge that there are dangers involved and participation in the activities is voluntary. I agree to pay attention to instructions and follow directions. I acknowledge that I must be responsible for my own safety at all times

Signature: _____ Date: _____